

# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation		
						Absolut	Split	Referenz	Single	Average	
Andrew Morrison	Anderer / other No club	GBR	1	-	-	-	-	-	-	-	
<b>Race: 1/5</b> <b>Final Meter: 12500</b> <b>Final Time: 00:52:25,7</b> <b>Everage split: 00:02:03,7</b> <b>Deviation everage: 32,67%</b>			2	-	-	-	-	-	-	-	
			3	-	-	-	-	-	-	-	-
			4	-	-	-	-	-	-	-	-
			5	MHwt60-69	10000	00:41:58,9	00:02:05,9	00:34:47,8	20,65%	32,67%	
				MHwt60-69	500	00:01:57,8	00:01:57,8	00:01:22,0	43,66%		
MHwt60-64	2000	00:08:29,0	00:02:07,2	00:06:20,7	33,70%						

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						Absolut	Split	Referenz	Single	Average	
Anna Muehle	Engine by Carson	GER	1	FHwt30-39	5000	00:18:54,2	00:01:53,4	00:17:18,2	9,25%	11,62%	
				FHwt30-39	500	00:01:40,2	00:01:40,2	00:01:27,9	13,99%		
<b>Race:</b> 2/5  <b>Final Meter:</b> 12600  <b>Final Time:</b> 00:47:20,6  <b>Everage split:</b> 00:01:45,8  <b>Deviation everage:</b> 12,17%			2	FHwt30-39	6000	00:22:45,2	00:01:53,8	00:21:41,3	4,91%	12,73%	
				FHwt30-39	100	00:00:18,0	00:01:30,0	00:00:15,1	19,21%		
				FHwt30-39	1000	00:03:43,0	00:01:51,5	00:03:15,5	14,07%		
				-	-	-	-	-	-		-
				-	-	-	-	-	-		-
3			3	-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
4			4	-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
5			5	-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	



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						Absolut	Split	Referenz	Single	Average
Axel Zimmermann	Rostocker Ruder-Club von 1885 e.V.	GER	1	MHwt50-59	5000	00:18:08,8	00:01:48,9	00:16:11,9	12,03%	19,45%
				MHwt50-59	500	00:01:33,5	00:01:33,5	00:01:13,7	26,87%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:30:49,2  <b>Everage split:</b> 00:01:40,0  <b>Deviation everage:</b> 19,54%			2	MHwt50-59	6000	00:22:16,6	00:01:51,4	00:19:29,9	14,25%	17,72%
				MHwt50-59	100	00:00:16,1	00:01:20,5	00:00:13,1	22,90%	
				MHwt50-59	1000	00:03:16,3	00:01:38,2	00:02:49,2	16,02%	
			3	MHwt50-59	100	00:00:16,4	00:01:22,0	00:00:13,1	25,19%	20,75%
				MHwt50-59	1000	00:03:19,1	00:01:39,6	00:02:49,2	17,67%	
				MHwt50-59	500	00:01:34,7	00:01:34,7	00:01:13,7	28,49%	
			4	MHwt50-59	5000	00:18:05,2	00:01:48,5	00:16:11,9	11,66%	20,95%
				MHwt50-59	500	00:01:34,8	00:01:34,8	00:01:13,7	28,63%	
				MHwt50-54	2000	00:06:56,8	00:01:44,2	00:06:01,7	15,23%	
				MHwt50-59	5000	00:18:33,9	00:01:51,4	00:16:11,9	14,61%	
				MHwt50-54	2000	00:07:01,6	00:01:45,4	00:06:01,7	16,56%	
			5	MHwt50-59	500	00:01:35,6	00:01:35,6	00:01:13,7	29,72%	18,84%
MHwt50-59	10000	00:37:49,4		00:01:53,5	00:33:17,1	13,63%				
MHwt50-54	2000	00:06:56,2		00:01:44,1	00:06:01,7	15,07%				

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						Absolut	Split	Referenz	Single	Average
Benjamin Reuter	SG Athletico Búdelsdorf e.V.	GER	1	MHwt30-39	5000	00:16:32,0	00:01:39,2	00:14:58,3	10,43%	18,34%
				MHwt30-39	500	00:01:29,0	00:01:29,0	00:01:10,5	26,24%	
Race: 2/5			2	-	-	-	-	-	-	-
Final Meter: 18000			3	-	-	-	-	-	-	-
Final Time: 01:00:38,7			4	-	-	-	-	-	-	-
Everage split: 00:01:37,1			5	MHwt30-39	10000	00:34:24,7	00:01:43,2	00:31:05,2	10,70%	21,04%
Deviation average: 19,69%				MHwt30-39	500	00:01:34,5	00:01:34,5	00:01:10,5	34,04%	
				MHwt30-39	2000	00:06:38,5	00:01:39,6	00:05:36,6	18,39%	

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Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Berend van Wachem	USC Magdeburg	NED	1	MHwt40-49	5000	00:17:22,2	00:01:44,2	00:15:16,4	13,73%	22,87%
				MHwt40-49	500	00:01:37,3	00:01:37,3	00:01:13,7	32,02%	
<b>Race:</b> 4/5  <b>Final Meter:</b> 35100  <b>Final Time:</b> 02:04:29,4  <b>Everage split:</b> 00:01:42,1  <b>Deviation everage:</b> 24,38%			2	MHwt40-49	6000	00:20:59,7	00:01:45,0	00:19:00,3	10,47%	28,90%
				MHwt40-49	100	00:00:19,7	00:01:38,5	00:00:12,9	52,71%	
				MHwt40-49	1000	00:03:19,5	00:01:39,7	00:02:41,5	23,53%	
				-	-	-	-	-	-	
				-	-	-	-	-	-	
			4	MHwt40-49	500	00:01:37,7	00:01:37,7	00:01:13,7	32,56%	24,14%
				MHwt40-49	2000	00:06:43,3	00:01:40,8	00:05:47,8	15,96%	
				MHwt40-49	5000	00:18:39,4	00:01:51,9	00:15:16,4	22,15%	
				MHwt40-49	2000	00:06:50,0	00:01:42,5	00:05:47,8	17,88%	
				MHwt40-49	500	00:01:37,4	00:01:37,4	00:01:13,7	32,16%	
			5	MHwt40-49	10000	00:36:53,9	00:01:50,7	00:32:49,8	12,39%	21,60%
				MHwt40-49	500	00:01:39,1	00:01:39,1	00:01:13,7	34,46%	
				MHwt40-49	2000	00:06:50,2	00:01:42,6	00:05:47,8	17,94%	

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						Absolut	Split	Referenz	Single	Average
Bert Langbehn	Segeberger Ruderclub von 1926 e.V.	GER	1	MHwt50-59	5000	00:19:53,9	00:01:59,4	00:16:11,9	22,84%	35,64%
				MHwt50-59	500	00:01:49,4	00:01:49,4	00:01:13,7	48,44%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:49:44,0  <b>Everage split:</b> 00:01:56,3  <b>Deviation everage:</b> 39,00%			2	MHwt50-59	6000	00:23:58,7	00:01:59,9	00:19:29,9	22,98%	39,61%
				MHwt50-59	100	00:00:20,7	00:01:43,5	00:00:13,1	58,02%	
			3	MHwt50-59	1000	00:03:53,2	00:01:56,6	00:02:49,2	37,83%	40,53%
				MHwt50-59	100	00:00:18,7	00:01:33,5	00:00:13,1	42,75%	
				MHwt50-59	1000	00:03:46,5	00:01:53,2	00:02:49,2	33,87%	
			4	MHwt50-59	500	00:01:55,9	00:01:55,9	00:01:13,7	57,26%	44,00%
				MHwt50-59	5000	00:20:46,3	00:02:04,6	00:16:11,9	28,23%	
				MHwt50-59	500	00:01:42,7	00:01:42,7	00:01:13,7	39,35%	
				MHwt50-54	2000	00:08:11,6	00:02:02,9	00:06:01,7	35,91%	
			5	MHwt50-59	5000	00:21:56,0	00:02:11,6	00:16:11,9	35,40%	35,25%
MHwt50-54	2000	00:07:51,0		00:01:57,8	00:06:01,7	30,22%				
MHwt50-59	500	00:02:12,0		00:02:12,0	00:01:13,7	79,10%				
				MHwt50-59	10000	00:41:11,9	00:02:03,6	00:33:17,1	23,77%	35,25%
				MHwt50-59	500	00:01:48,6	00:01:48,6	00:01:13,7	47,35%	
				MHwt50-54	2000	00:08:06,9	00:02:01,7	00:06:01,7	34,61%	

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						Absolut	Split	Referenz	Single	Average			
Besen Wagen	ohne Verein - "Faulteam"	GER	1	MLwt30-39	5000	00:21:30,4	00:02:09,0	00:15:49,6	35,89%	43,86%			
				MLwt30-39	500	00:02:00,7	00:02:00,7	00:01:19,5	51,82%				
<b>Race:</b> 4/5  <b>Final Meter:</b> 29200  <b>Final Time:</b> 02:08:39,5  <b>Everage split:</b> 00:02:04,8  <b>Deviation everage:</b> 46,27%			2	MLwt30-39	6000	00:25:42,2	00:02:08,5	00:19:34,9	31,26%	45,98%			
				MLwt30-39	100	00:00:22,3	00:01:51,5	00:00:13,4	66,42%				
			3	MLwt30-39	1000	00:04:09,5	00:02:04,8	00:02:57,9	40,25%	46,23%			
				MLwt30-39	100	00:00:19,8	00:01:39,0	00:00:13,4	47,76%				
				MLwt30-39	1000	00:04:09,2	00:02:04,6	00:02:57,9	40,08%				
			4	MLwt30-39	500	00:01:58,6	00:01:58,6	00:01:19,5	49,18%	48,99%			
				MLwt30-39	5000	00:23:24,6	00:02:20,5	00:15:49,6	47,91%				
				MLwt30-39	500	00:02:06,2	00:02:06,2	00:01:19,5	58,74%				
				MLwt30-39	2000	00:08:49,4	00:02:12,4	00:06:06,4	44,49%				
			5				MLwt30-39	5000	00:23:37,4	00:02:21,7	00:15:49,6	49,26%	
							MLwt30-39	2000	00:08:26,6	00:02:06,7	00:06:06,4	38,26%	
							MLwt30-39	500	00:02:02,6	00:02:02,6	00:01:19,5	54,21%	
5				-	-	-	-	-	-				





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						Absolut	Split	Referenz	Single	Average
Christian Alm	Ruderverein Erlangen e.V. 1911	GER	1	MHwt30-39	5000	00:17:48,5	00:01:46,8	00:14:58,3	18,95%	30,04%
				MHwt30-39	500	00:01:39,5	00:01:39,5	00:01:10,5	41,13%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:32:13,6  <b>Everage split:</b> 00:01:43,9  <b>Deviation everage:</b> 32,38%			2	MHwt30-39	6000	00:21:54,5	00:01:49,5	00:18:16,8	19,85%	32,51%
				MHwt30-39	100	00:00:19,0	00:01:35,0	00:00:12,6	50,79%	
				MHwt30-39	1000	00:03:22,4	00:01:41,2	00:02:39,5	26,90%	
			3	MHwt30-39	100	00:00:17,3	00:01:26,5	00:00:12,6	37,30%	32,31%
				MHwt30-39	1000	00:03:25,5	00:01:42,8	00:02:39,5	28,84%	
				MHwt30-39	500	00:01:40,2	00:01:40,2	00:01:10,5	42,13%	
			4	MHwt30-39	5000	00:18:06,6	00:01:48,7	00:14:58,3	20,96%	32,53%
				MHwt30-39	500	00:01:39,9	00:01:39,9	00:01:10,5	41,70%	
				MHwt30-39	2000	00:06:59,1	00:01:44,8	00:05:36,6	24,51%	
				MHwt30-39	5000	00:18:57,6	00:01:53,8	00:14:58,3	26,64%	
MHwt30-39	2000	00:07:11,6		00:01:47,9	00:05:36,6	28,22%				
5	MHwt30-39	500	00:01:39,8	00:01:39,8	00:01:10,5	41,56%	34,53%			
	MHwt30-39	10000	00:38:07,2	00:01:54,4	00:31:05,2	22,62%				
	MHwt30-39	500	00:01:46,2	00:01:46,2	00:01:10,5	50,64%				
				MHwt30-39	2000	00:07:18,7	00:01:49,7	00:05:36,6	30,33%	





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						Absolut	Split	Referenz	Single	Average	
Dénia Amon	RC Hansa von 1898 e.V. Dortmund (GER)	GER	1	-	-	-	-	-	-	-	
<b>Race: 4/5</b>  <b>Final Meter: 36200</b>  <b>Final Time: 02:39:22,8</b>  <b>Everage split: 00:02:02,1</b>  <b>Deviation everage: 16,29%</b>			2	FLwt50-59	6000	00:26:44,3	00:02:13,7	00:23:05,7	15,78%	15,41%	
				FLwt50-59	100	00:00:20,1	00:01:40,5	00:00:17,8	12,92%		
				FLwt50-59	1000	00:04:06,6	00:02:03,3	00:03:29,8	17,54%		
				3	FLwt50-59	100	00:00:20,2	00:01:41,0	00:00:17,8	13,48%	14,85%
				FLwt50-59	1000	00:04:02,5	00:02:01,3	00:03:29,8	15,59%		
				FLwt50-59	500	00:01:51,9	00:01:51,9	00:01:39,4	12,58%		
				FLwt50-59	5000	00:22:16,2	00:02:13,6	00:18:54,9	17,74%		
				4	FLwt50-59	500	00:01:52,3	00:01:52,3	00:01:39,4	12,98%	17,08%
				FLwt50-54	2000	00:08:40,5	00:02:10,1	00:07:18,3	18,75%		
				FLwt50-59	5000	00:22:24,6	00:02:14,5	00:18:54,9	18,48%		
				FLwt50-54	2000	00:08:42,5	00:02:10,6	00:07:18,3	19,21%		
				FLwt50-59	500	00:01:55,3	00:01:55,3	00:01:39,4	16,00%		
				5	FLwt50-59	10000	00:45:35,9	00:02:16,8	00:38:54,7	17,18%	17,82%
				FLwt50-59	500	00:01:59,0	00:01:59,0	00:01:39,4	19,72%		
				FLwt50-54	2000	00:08:30,9	00:02:07,7	00:07:18,3	16,56%		

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						Absolut	Split	Referenz	Single	Average			
Dirk Pfaffe	Neuruppiner Ruder Club e.V.	GER	1	MLwt40-49	5000	00:18:40,7	00:01:52,1	00:16:27,8	13,45%	17,19%			
				MLwt40-49	500	00:01:40,0	00:01:40,0	00:01:22,7	20,92%				
<b>Race:</b> 4/5  <b>Final Meter:</b> 29200  <b>Final Time:</b> 01:49:16,5  <b>Everage split:</b> 00:01:45,9  <b>Deviation everage:</b> 20,57%			2	MLwt40-49	6000	00:22:33,0	00:01:52,8	00:19:45,1	14,17%	23,54%			
				MLwt40-49	100	00:00:19,3	00:01:36,5	00:00:14,0	37,86%				
			3	MLwt40-49	1000	00:03:34,4	00:01:47,2	00:03:00,8	18,58%	21,93%			
				MLwt40-49	100	00:00:17,6	00:01:28,0	00:00:14,0	25,71%				
				MLwt40-49	1000	00:03:32,7	00:01:46,4	00:03:00,8	17,64%				
			4	MLwt40-49	500	00:01:44,4	00:01:44,4	00:01:22,7	26,24%	19,61%			
				MLwt40-49	5000	00:19:27,0	00:01:56,7	00:16:27,8	18,14%				
				MLwt40-49	500	00:01:38,8	00:01:38,8	00:01:22,7	19,47%				
				MLwt40-49	2000	00:07:27,5	00:01:51,9	00:06:14,0	19,65%				
			5				MLwt40-49	5000	00:19:09,8	00:01:55,0	00:16:27,8	16,40%	
							MLwt40-49	2000	00:07:30,3	00:01:52,6	00:06:14,0	20,40%	
							MLwt40-49	500	00:01:41,0	00:01:41,0	00:01:22,7	22,13%	
5				-	-	-	-	-	-				

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						Absolut	Split	Referenz	Single	Average
Frank Raschke	Auriol Kensington Rowing Club	GER	1	MHwt50-59	5000	00:18:14,4	00:01:49,4	00:16:11,9	12,60%	27,13%
				MHwt50-59	500	00:01:44,4	00:01:44,4	00:01:13,7	41,66%	
<b>Race:</b> 4/5  <b>Final Meter:</b> 31700  <b>Final Time:</b> 01:58:27,5  <b>Everage split:</b> 00:01:47,0  <b>Deviation everage:</b> 29,38%			2	MHwt50-59	6000	00:21:59,0	00:01:49,9	00:19:29,9	12,74%	36,21%
				MHwt50-59	100	00:00:20,7	00:01:43,5	00:00:13,1	58,02%	
				MHwt50-59	1000	00:03:53,3	00:01:56,6	00:02:49,2	37,88%	
			3	MHwt50-59	100	00:00:17,7	00:01:28,5	00:00:13,1	35,11%	28,13%
				MHwt50-59	1000	00:03:26,6	00:01:43,3	00:02:49,2	22,10%	
				MHwt50-59	500	00:01:40,8	00:01:40,8	00:01:13,7	36,77%	
			4	MHwt50-59	5000	00:19:12,0	00:01:55,2	00:16:11,9	18,53%	
				-	-	-	-	-	-	
			5	MHwt50-59	10000	00:38:28,2	00:01:55,4	00:33:17,1	15,58%	26,04%
				MHwt50-59	500	00:01:45,5	00:01:45,5	00:01:13,7	43,15%	
MHwt50-59	2000	00:07:24,9		00:01:51,2	00:06:12,6	19,40%				







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						Absolut	Split	Referenz	Single	Average
Hannes Hase-Bergen	Stuttgarter Rudergesellschaft von	GER	1	MHwt50-59	5000	00:17:57,1	00:01:47,7	00:16:11,9	10,82%	28,34%
				MHwt50-59	500	00:01:47,5	00:01:47,5	00:01:13,7	45,86%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:36:45,9  <b>Everage split:</b> 00:01:49,5  <b>Deviation everage:</b> 31,79%			2	MHwt50-59	6000	00:21:59,7	00:01:50,0	00:19:29,9	12,80%	33,04%
				MHwt50-59	100	00:00:19,9	00:01:39,5	00:00:13,1	51,91%	
			3	MHwt50-59	1000	00:03:47,4	00:01:53,7	00:02:49,2	34,40%	32,95%
				MHwt50-59	100	00:00:18,8	00:01:34,0	00:00:13,1	43,51%	
				MHwt50-59	1000	00:03:26,0	00:01:43,0	00:02:49,2	21,75%	
			4	MHwt50-59	500	00:01:47,7	00:01:47,7	00:01:13,7	46,13%	31,81%
				MHwt50-59	5000	00:19:30,2	00:01:57,0	00:16:11,9	20,40%	
				MHwt50-59	500	00:01:38,8	00:01:38,8	00:01:13,7	34,06%	
				MHwt50-54	2000	00:07:34,9	00:01:53,7	00:06:01,7	25,77%	
				MHwt50-59	5000	00:19:18,3	00:01:55,8	00:16:11,9	19,18%	
5	MHwt50-54	2000	00:07:45,3	00:01:56,3	00:06:01,7	28,64%	32,82%			
	MHwt50-59	500	00:01:51,6	00:01:51,6	00:01:13,7	51,42%				
	MHwt50-59	10000	00:37:56,5	00:01:53,8	00:33:17,1	13,99%				
				MHwt50-59	500	00:01:53,3	00:01:53,3	00:01:13,7	53,73%	
				MHwt50-54	2000	00:07:52,9	00:01:58,2	00:06:01,7	30,74%	

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Hannes Schwarz	Schachfreunde Bischofswerda e.V.	GER	1	MHwt30-39	5000	00:17:53,3	00:01:47,3	00:14:58,3	19,48%	27,40%
				MHwt30-39	500	00:01:35,4	00:01:35,4	00:01:10,5	35,32%	
Race: 3/5			2	-	-	-	-	-	-	-
Final Meter: 28000			3	-	-	-	-	-	-	-
Final Time: 01:43:00,5			4	MHwt30-39	500	00:01:36,8	00:01:36,8	00:01:10,5	37,30%	33,80%
Everage split: 00:01:45,9				MHwt30-39	2000	00:07:01,1	00:01:45,3	00:05:36,6	25,10%	
Deviation average: 31,21%				MHwt30-39	5000	00:19:21,4	00:01:56,1	00:14:58,3	29,29%	
				MHwt30-39	2000	00:07:18,7	00:01:49,7	00:05:36,6	30,33%	
				MHwt30-39	500	00:01:43,6	00:01:43,6	00:01:10,5	46,95%	
			5	MHwt30-39	10000	00:37:30,8	00:01:52,5	00:31:05,2	20,67%	32,44%
				MHwt30-39	500	00:01:43,8	00:01:43,8	00:01:10,5	47,23%	
				MHwt30-39	2000	00:07:15,6	00:01:48,9	00:05:36,6	29,41%	

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Henning Schnell	SUB 7 IRC Members	GER	1	MHwt50-59	5000	00:17:42,3	00:01:46,2	00:16:11,9	9,30%	18,35%
				MHwt50-59	500	00:01:33,9	00:01:33,9	00:01:13,7	27,41%	
<b>Race: 5/5</b>  <b>Final Meter: 41700</b>  <b>Final Time: 02:33:50,6</b>  <b>Everage split: 00:01:43,8</b>  <b>Deviation everage: 23,58%</b>	2	MHwt50-59	6000	00:21:44,7	00:01:48,7	00:19:29,9	11,52%	20,64%		
		MHwt50-59	100	00:00:16,8	00:01:24,0	00:00:13,1	28,24%			
		MHwt50-59	1000	00:03:26,7	00:01:43,4	00:02:49,2	22,16%			
	3	MHwt50-59	100	00:00:17,7	00:01:28,5	00:00:13,1	35,11%	27,13%		
		MHwt50-59	1000	00:03:26,9	00:01:43,5	00:02:49,2	22,28%			
		MHwt50-59	500	00:01:39,9	00:01:39,9	00:01:13,7	35,55%			
	4	MHwt50-59	5000	00:18:43,1	00:01:52,3	00:16:11,9	15,56%	26,89%		
		MHwt50-59	500	00:01:34,9	00:01:34,9	00:01:13,7	28,77%			
		MHwt50-54	2000	00:07:09,6	00:01:47,4	00:06:01,7	18,77%			
		MHwt50-59	5000	00:19:38,2	00:01:57,8	00:16:11,9	21,23%			
		MHwt50-54	2000	00:07:34,0	00:01:53,5	00:06:01,7	25,52%			
	5	MHwt50-59	500	00:01:43,3	00:01:43,3	00:01:13,7	40,16%	24,90%		
		MHwt50-59	10000	00:37:55,7	00:01:53,8	00:33:17,1	13,95%			
		MHwt50-54	2000	00:07:45,6	00:01:56,4	00:06:01,7	28,73%			



# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation		
						Absolut	Split	Referenz	Single	Average	
Imola Pialla	Apeldoornse Roeivereniging "De Grift"	FRA	1	FHwt19-29	5000	00:19:15,1	00:01:55,5	00:16:54,2	13,89%	20,50%	
				FHwt19-29	500	00:01:47,4	00:01:47,4	00:01:24,5	27,10%		
<b>Race:</b> 2/5  <b>Final Meter:</b> 12600  <b>Final Time:</b> 00:48:26,7  <b>Everage split:</b> 00:01:51,8  <b>Deviation everage:</b> 22,34%			2	FHwt19-29	6000	00:23:17,0	00:01:56,4	00:20:17,7	14,72%	24,19%	
				FHwt19-29	100	00:00:21,3	00:01:46,5	00:00:15,7	35,67%		
				FHwt19-29	1000	00:03:45,9	00:01:53,0	00:03:04,9	22,17%		
				-	-	-	-	-	-		-
				-	-	-	-	-	-		-
3			3	-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
4			4	-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
5			5	-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Jan Borkenstein	Gesund durch Rudern (Facebook)	GER	1	MHwt40-49	5000	00:19:22,7	00:01:56,3	00:15:16,4	26,88%	35,76%
				MHwt40-49	500	00:01:46,6	00:01:46,6	00:01:13,7	44,64%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:45:49,1  <b>Everage split:</b> 00:01:50,9  <b>Deviation everage:</b> 36,08%			2	MHwt40-49	6000	00:24:09,1	00:02:00,8	00:19:00,3	27,08%	35,14%
				MHwt40-49	100	00:00:18,1	00:01:30,5	00:00:12,9	40,31%	
			3	MHwt40-49	1000	00:03:42,9	00:01:51,4	00:02:41,5	38,02%	38,29%
				MHwt40-49	100	00:00:17,8	00:01:29,0	00:00:12,9	37,98%	
				MHwt40-49	1000	00:03:38,7	00:01:49,4	00:02:41,5	35,42%	
			4	MHwt40-49	500	00:01:48,7	00:01:48,7	00:01:13,7	47,49%	38,14%
				MHwt40-49	5000	00:20:12,0	00:02:01,2	00:15:16,4	32,26%	
				MHwt40-49	500	00:01:40,0	00:01:40,0	00:01:13,7	35,69%	
				MHwt40-49	2000	00:07:47,2	00:01:56,8	00:05:47,8	34,33%	
			5	MHwt40-49	5000	00:20:24,1	00:02:02,4	00:15:16,4	33,58%	33,08%
MHwt40-49	2000	00:07:53,3		00:01:58,3	00:05:47,8	36,08%				
MHwt40-49	500	00:01:51,3		00:01:51,3	00:01:13,7	51,02%				
5				MHwt40-49	10000	00:41:23,2	00:02:04,2	00:32:49,8	26,06%	33,08%
				MHwt40-49	500	00:01:41,3	00:01:41,3	00:01:13,7	37,45%	
				MHwt40-49	2000	00:07:52,1	00:01:58,0	00:05:47,8	35,74%	





# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Jörg Oppor	Freiherr-vom-Stein-Yacht-Club e.V.	GER	1	MHwt60-69	5000	00:19:38,4	00:01:57,8	00:17:00,5	15,47%	25,97%
				MHwt60-69	500	00:01:51,9	00:01:51,9	00:01:22,0	36,46%	
<b>Race:</b> 4/5  <b>Final Meter:</b> 35100  <b>Final Time:</b> 02:18:52,0  <b>Everage split:</b> 00:01:52,6  <b>Deviation everage:</b> 23,84%			2	MHwt60-69	6000	00:23:53,0	00:01:59,4	00:20:33,8	16,15%	22,47%
				MHwt60-69	100	00:00:17,3	00:01:26,5	00:00:14,1	22,70%	
				MHwt60-69	1000	00:03:50,9	00:01:55,4	00:02:59,6	28,56%	
				-	-	-	-	-	-	
				-	-	-	-	-	-	
			4	MHwt60-69	500	00:01:42,9	00:01:42,9	00:01:22,0	25,49%	25,46%
				MHwt60-64	2000	00:07:57,5	00:01:59,4	00:06:20,7	25,43%	
				MHwt60-69	5000	00:20:07,1	00:02:00,7	00:17:00,5	18,29%	
				MHwt60-64	2000	00:08:11,8	00:02:03,0	00:06:20,7	29,18%	
				MHwt60-69	500	00:01:45,7	00:01:45,7	00:01:22,0	28,90%	
			5	MHwt60-69	10000	00:39:57,1	00:01:59,9	00:34:47,8	14,81%	21,48%
				MHwt60-69	500	00:01:42,1	00:01:42,1	00:01:22,0	24,51%	
				MHwt60-64	2000	00:07:56,3	00:01:59,1	00:06:20,7	25,11%	

# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation		
						Absolut	Split	Referenz	Single	Average	
Karl Zander	Bernburger Ruderclub e.V.	GER	1	MHwt19-29	5000	00:19:03,6	00:01:54,4	00:14:54,5	27,85%	37,54%	
				MHwt19-29	500	00:01:43,8	00:01:43,8	00:01:10,5	47,23%		
<b>Race:</b> 2/5  <b>Final Meter:</b> 12600  <b>Final Time:</b> 00:48:27,1  <b>Everage split:</b> 00:01:48,9  <b>Deviation everage:</b> 38,16%			2	MHwt19-29	6000	00:23:15,3	00:01:56,3	00:18:24,4	26,34%	38,77%	
				MHwt19-29	100	00:00:17,3	00:01:26,5	00:00:12,8	35,16%		
				MHwt19-29	1000	00:04:07,1	00:02:03,6	00:02:39,6	54,82%		
				-	-	-	-	-	-		-
				-	-	-	-	-	-		-
5				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	

# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Lars Hill	ohne Verein - "Privat"	GER	1	-	-	-	-	-	-	-
<b>Race:</b> 1/5  <b>Final Meter:</b> 7100  <b>Final Time:</b> 00:29:10,8  <b>Everage split:</b> 00:02:00,8  <b>Deviation everage:</b> 53,95%			2	MHwt40-49	6000	00:24:40,7	00:02:03,4	00:19:00,3	29,85%	53,95%
				MHwt40-49	100	00:00:23,1	00:01:55,5	00:00:12,9	79,07%	
				MHwt40-49	1000	00:04:07,0	00:02:03,5	00:02:41,5	52,94%	
				3	-	-	-	-	-	-
				4	-	-	-	-	-	-
			5	-	-	-	-	-	-	

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Laura Ghioldi	Sporting Life Mentana	ITA	1	-	-	-	-	-	-	-
<b>Race:</b> 4/5  <b>Final Meter:</b> 36200  <b>Final Time:</b> 02:32:32,6  <b>Everage split:</b> 00:02:01,4  <b>Deviation everage:</b> 21,34%			2	FLwt30-39	6000	00:25:10,4	00:02:05,9	00:22:10,0	13,56%	21,65%
				FLwt30-39	100	00:00:22,2	00:01:51,0	00:00:17,6	26,14%	
				FLwt30-39	1000	00:04:09,0	00:02:04,5	00:03:18,8	25,25%	
			3	FLwt30-39	100	00:00:21,9	00:01:49,5	00:00:17,6	24,43%	22,25%
				FLwt30-39	1000	00:03:59,7	00:01:59,9	00:03:18,8	20,57%	
				FLwt30-39	500	00:01:59,4	00:01:59,4	00:01:33,2	28,11%	
			4	FLwt30-39	5000	00:21:14,4	00:02:07,4	00:18:19,8	15,88%	21,58%
				FLwt30-39	500	00:01:56,9	00:01:56,9	00:01:33,2	25,43%	
				FLwt30-39	2000	00:08:15,9	00:02:04,0	00:06:56,7	19,01%	
				FLwt30-39	5000	00:21:28,8	00:02:08,9	00:18:19,8	17,18%	
				FLwt30-39	2000	00:08:21,7	00:02:05,4	00:06:56,7	20,40%	
			5	FLwt30-39	5000	00:01:57,3	00:01:57,3	00:01:33,2	25,86%	19,90%
				FLwt30-39	10000	00:43:00,8	00:02:09,0	00:37:43,9	14,00%	
				FLwt30-39	500	00:01:58,0	00:01:58,0	00:01:33,2	26,61%	
							FLwt30-39	2000	00:08:16,2	00:02:04,1

# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Laura Gnotke	Ruder-Gesellschaft HANSA e.V.	GER	1	FLwt30-39	5000	00:21:21,3	00:02:08,1	00:18:19,8	16,50%	30,89%
				FLwt30-39	500	00:02:15,4	00:02:15,4	00:01:33,2	45,28%	
Race: 4/5	Final Meter: 35100	Final Time: 02:33:32,9	2	FLwt30-39	6000	00:26:10,8	00:02:10,9	00:22:10,0	18,11%	27,85%
				FLwt30-39	100	00:00:23,3	00:01:56,5	00:00:17,6	32,39%	
Everage split: 00:02:08,6	Deviation average: 28,10%	-	3	FLwt30-39	1000	00:04:24,5	00:02:12,3	00:03:18,8	33,05%	-
				-	-	-	-	-	-	
-	-	-	4	FLwt30-39	500	00:01:50,6	00:01:50,6	00:01:33,2	18,67%	25,39%
				FLwt30-39	2000	00:08:19,2	00:02:04,8	00:06:56,7	19,80%	
-	-	-	5	FLwt30-39	5000	00:22:08,0	00:02:12,8	00:18:19,8	20,75%	28,26%
				FLwt30-39	2000	00:08:54,4	00:02:13,6	00:06:56,7	28,25%	
-	-	-	-	FLwt30-39	500	00:02:10,0	00:02:10,0	00:01:33,2	39,48%	-
				FLwt30-39	10000	00:44:13,6	00:02:12,7	00:37:43,9	17,21%	
-	-	-	-	FLwt30-39	500	00:02:04,8	00:02:04,8	00:01:33,2	33,91%	28,26%
				FLwt30-39	2000	00:09:17,0	00:02:19,3	00:06:56,7	33,67%	



# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Lukas Nitzsche	Bernburger Ruderclub e.V.	GER	1	MHwt19-29	5000	00:17:54,7	00:01:47,5	00:14:54,5	20,15%	20,78%
				MHwt19-29	500	00:01:25,6	00:01:25,6	00:01:10,5	21,42%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:34:11,7  <b>Everage split:</b> 00:01:39,5  <b>Deviation everage:</b> 24,54%			2	MHwt19-29	6000	00:21:45,8	00:01:48,8	00:18:24,4	18,24%	20,65%
				MHwt19-29	100	00:00:15,5	00:01:17,5	00:00:12,8	21,09%	
				MHwt19-29	1000	00:03:15,7	00:01:37,8	00:02:39,6	22,62%	
			3	MHwt19-29	100	00:00:15,0	00:01:15,0	00:00:12,8	17,19%	28,81%
				MHwt19-29	1000	00:03:21,4	00:01:40,7	00:02:39,6	26,19%	
				MHwt19-29	500	00:01:29,6	00:01:29,6	00:01:10,5	27,09%	
			4	MHwt19-29	5000	00:21:35,0	00:02:09,5	00:14:54,5	44,77%	28,26%
				MHwt19-29	500	00:01:30,7	00:01:30,7	00:01:10,5	28,65%	
				MHwt19-29	2000	00:07:11,5	00:01:47,9	00:05:35,8	28,50%	
				MHwt19-29	5000	00:18:49,9	00:01:53,0	00:14:54,5	26,32%	
				MHwt19-29	2000	00:07:23,8	00:01:51,0	00:05:35,8	32,16%	
			5	MHwt19-29	500	00:01:28,6	00:01:28,6	00:01:10,5	25,67%	24,18%
				MHwt19-29	10000	00:37:58,0	00:01:53,9	00:31:24,3	20,89%	
				MHwt19-29	500	00:01:28,8	00:01:28,8	00:01:10,5	25,96%	
							MHwt19-29	2000	00:07:02,1	00:01:45,5

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## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Malte Hein	Ruderclub Allemannia von 1866 e. V.	GER	1	MLwt19-29	5000	00:18:33,9	00:01:51,4	00:16:03,0	15,67%	22,87%
				MLwt19-29	500	00:01:43,8	00:01:43,8	00:01:19,8	30,08%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:35:30,5  <b>Everage split:</b> 00:01:46,3  <b>Deviation everage:</b> 23,22%			2	MLwt19-29	6000	00:22:48,5	00:01:54,0	00:19:16,0	18,38%	24,34%
				MLwt19-29	100	00:00:18,9	00:01:34,5	00:00:14,7	28,57%	
			3	MLwt19-29	1000	00:03:38,6	00:01:49,3	00:02:53,4	26,07%	20,76%
				MLwt19-29	100	00:00:17,7	00:01:28,5	00:00:14,7	20,41%	
				MLwt19-29	1000	00:03:27,9	00:01:44,0	00:02:53,4	19,90%	
			4	MLwt19-29	500	00:01:40,9	00:01:40,9	00:01:19,8	26,44%	23,77%
				MLwt19-29	5000	00:18:39,8	00:01:52,0	00:16:03,0	16,28%	
				MLwt19-29	500	00:01:38,2	00:01:38,2	00:01:19,8	23,06%	
				MLwt19-29	2000	00:07:09,4	00:01:47,4	00:05:56,7	20,38%	
			5	MLwt19-29	5000	00:19:12,9	00:01:55,3	00:16:03,0	19,72%	24,37%
				MLwt19-29	2000	00:07:19,2	00:01:49,8	00:05:56,7	23,13%	
				MLwt19-29	500	00:01:45,8	00:01:45,8	00:01:19,8	32,58%	
				MLwt19-29	10000	00:37:54,3	00:01:53,7	00:33:07,1	14,45%	24,37%
				MLwt19-29	500	00:01:44,3	00:01:44,3	00:01:19,8	30,70%	
				MLwt19-29	2000	00:07:36,4	00:01:54,1	00:05:56,7	27,95%	









# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Matej Čambal	VK Slávia STU Bratislava	SVK	1	MHwt30-39	5000	00:18:18,2	00:01:49,8	00:14:58,3	22,25%	32,33%
				MHwt30-39	500	00:01:40,4	00:01:40,4	00:01:10,5	42,41%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:40:42,0  <b>Everage split:</b> 00:01:49,2  <b>Deviation everage:</b> 37,49%			2	MHwt30-39	6000	00:22:34,1	00:01:52,8	00:18:16,8	23,46%	35,29%
				MHwt30-39	100	00:00:17,5	00:01:27,5	00:00:12,6	38,89%	
				MHwt30-39	1000	00:03:48,9	00:01:54,5	00:02:39,5	43,51%	
			3	MHwt30-39	100	00:00:16,7	00:01:23,5	00:00:12,6	32,54%	37,60%
				MHwt30-39	1000	00:03:29,4	00:01:44,7	00:02:39,5	31,29%	
				MHwt30-39	500	00:01:48,7	00:01:48,7	00:01:10,5	54,18%	
			4	MHwt30-39	5000	00:19:49,4	00:01:58,9	00:14:58,3	32,41%	44,82%
				MHwt30-39	500	00:01:50,0	00:01:50,0	00:01:10,5	56,03%	
				MHwt30-39	2000	00:07:40,7	00:01:55,2	00:05:36,6	36,87%	
				MHwt30-39	5000	00:20:22,7	00:02:02,3	00:14:58,3	36,11%	
				MHwt30-39	2000	00:08:34,8	00:02:08,7	00:05:36,6	52,94%	
			5	MHwt30-39	500	00:01:40,2	00:01:40,2	00:01:10,5	42,13%	37,41%
MHwt30-39	10000	00:38:51,5		00:01:56,6	00:31:05,2	25,00%				
MHwt30-39	500	00:01:42,8		00:01:42,8	00:01:10,5	45,82%				
				MHwt30-39	2000	00:07:56,0	00:01:59,0	00:05:36,6	41,41%	

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Max Burger	Heidelberger Ruderklub 1872 e.V.	GER	1	MHwt40-49	5000	00:19:11,0	00:01:55,1	00:15:16,4	25,60%	39,06%
				MHwt40-49	500	00:01:52,4	00:01:52,4	00:01:13,7	52,51%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:50:16,5  <b>Everage split:</b> 00:02:00,0  <b>Deviation everage:</b> 48,61%			2	MHwt40-49	6000	00:23:06,8	00:01:55,6	00:19:00,3	21,62%	50,72%
				MHwt40-49	100	00:00:24,1	00:02:00,5	00:00:12,9	86,82%	
			3	MHwt40-49	1000	00:03:52,1	00:01:56,1	00:02:41,5	43,72%	42,60%
				MHwt40-49	100	00:00:17,9	00:01:29,5	00:00:12,9	38,76%	
				MHwt40-49	1000	00:03:40,0	00:01:50,0	00:02:41,5	36,22%	
			4	MHwt40-49	500	00:01:56,4	00:01:56,4	00:01:13,7	57,94%	47,84%
				MHwt40-49	5000	00:21:00,0	00:02:06,0	00:15:16,4	37,49%	
				MHwt40-49	500	00:01:53,9	00:01:53,9	00:01:13,7	54,55%	
				MHwt40-49	2000	00:07:42,3	00:01:55,6	00:05:47,8	32,92%	
				MHwt40-49	5000	00:22:08,0	00:02:12,8	00:15:16,4	44,91%	
5	MHwt40-49	2000	00:09:15,6	00:02:18,9	00:05:47,8	59,75%	62,82%			
	MHwt40-49	500	00:01:48,4	00:01:48,4	00:01:13,7	47,08%				
	MHwt40-49	10000	00:41:29,8	00:02:04,5	00:32:49,8	26,40%				
				MHwt40-49	500	00:02:47,1	00:02:47,1	00:01:13,7	126,73%	
				MHwt40-49	2000	00:07:50,7	00:01:57,7	00:05:47,8	35,34%	

# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Michael Königs	Silent Water Neufeld	GER	1	MHwt50-59	5000	00:20:27,1	00:02:02,7	00:16:11,9	26,26%	35,04%
				MHwt50-59	500	00:01:46,0	00:01:46,0	00:01:13,7	43,83%	
<b>Race: 5/5</b>  <b>Final Meter: 41700</b>  <b>Final Time: 02:51:45,6</b>  <b>Everage split: 00:01:57,0</b>  <b>Deviation everage: 31,06%</b>			2	MLwt50-59	6000	00:24:35,8	00:02:03,0	00:20:27,4	20,24%	26,46%
				MLwt50-59	100	00:00:19,5	00:01:37,5	00:00:14,4	35,42%	
				MLwt50-59	1000	00:03:46,4	00:01:53,2	00:03:03,0	23,72%	
			3	MLwt50-59	100	00:00:19,8	00:01:39,0	00:00:14,4	37,50%	31,06%
				MLwt50-59	1000	00:03:55,5	00:01:57,8	00:03:03,0	28,69%	
				MLwt50-59	500	00:01:52,8	00:01:52,8	00:01:22,3	37,06%	
			4	MLwt50-59	5000	00:20:17,5	00:02:01,8	00:16:46,3	20,99%	33,78%
				MLwt50-59	500	00:01:57,9	00:01:57,9	00:01:22,3	43,26%	
				MLwt55-59	2000	00:08:02,5	00:02:00,6	00:06:29,6	23,84%	
				MLwt50-59	5000	00:21:06,3	00:02:06,6	00:16:46,3	25,84%	
				MLwt55-59	2000	00:08:30,4	00:02:07,6	00:06:29,6	31,01%	
			5	MLwt50-59	500	00:01:59,3	00:01:59,3	00:01:22,3	44,96%	28,98%
				MLwt50-59	10000	00:42:53,3	00:02:08,7	00:34:23,0	24,74%	
				MLwt55-59	2000	00:01:54,1	00:01:54,1	00:01:22,3	38,64%	
							MLwt55-59	2000	00:08:01,4	00:02:00,4

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Michael Marggraf	CrossFit Bonn	GER	1	MLwt60-69	5000	00:23:07,4	00:02:18,7	00:17:26,3	32,60%	39,67%
				MLwt60-69	500	00:02:08,4	00:02:08,4	00:01:27,5	46,74%	
<b>Race: 5/5</b>  <b>Final Meter: 41700</b>  <b>Final Time: 03:11:55,3</b>  <b>Everage split: 00:02:12,3</b>  <b>Deviation everage: 39,47%</b>	2	MLwt60-69	6000	00:27:29,7	00:02:17,5	00:21:24,6	28,42%	38,82%		
		MLwt60-69	100	00:00:22,0	00:01:50,0	00:00:15,0	46,67%			
		MLwt60-69	1000	00:04:30,6	00:02:15,3	00:03:11,4	41,38%			
	3	MLwt60-69	100	00:00:20,2	00:01:41,0	00:00:15,0	34,67%	41,88%		
		MLwt60-69	1000	00:04:35,8	00:02:17,9	00:03:11,4	44,10%			
		MLwt60-69	500	00:02:14,6	00:02:14,6	00:01:27,5	53,83%			
	4	MLwt60-69	5000	00:23:31,7	00:02:21,2	00:17:26,3	34,92%	40,42%		
		MLwt60-69	500	00:01:56,0	00:01:56,0	00:01:27,5	32,57%			
		MLwt65-69	2000	00:09:19,5	00:02:19,9	00:06:51,0	36,13%			
		MLwt60-69	5000	00:24:02,3	00:02:24,2	00:17:26,3	37,85%			
		MLwt65-69	2000	00:09:32,7	00:02:23,2	00:06:51,0	39,34%			
	5	MLwt60-69	500	00:02:16,7	00:02:16,7	00:01:27,5	56,23%	36,55%		
		MLwt60-69	10000	00:45:18,4	00:02:15,9	00:35:54,7	26,16%			
		MLwt60-69	500	00:02:14,1	00:02:14,1	00:01:27,5	53,26%			
				MLwt65-69	2000	00:08:55,2	00:02:13,8	00:06:51,0	30,22%	

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Michael Schatt	SG Förde Sparkasse Kiel e.V.	GER	1	MHwt50-59	5000	00:22:38,8	00:02:15,9	00:16:11,9	39,81%	56,68%
				MHwt50-59	500	00:02:07,9	00:02:07,9	00:01:13,7	73,54%	
<b>Race: 5/5</b>  <b>Final Meter: 41700</b>  <b>Final Time: 03:07:35,0</b>  <b>Everage split: 00:02:08,6</b>  <b>Deviation everage: 54,22%</b>			2	MHwt50-59	6000	00:26:47,9	00:02:14,0	00:19:29,9	37,44%	55,26%
				MHwt50-59	100	00:00:23,2	00:01:56,0	00:00:13,1	77,10%	
				MHwt50-59	1000	00:04:15,9	00:02:08,0	00:02:49,2	51,24%	
			3	MHwt50-59	100	00:00:22,3	00:01:51,5	00:00:13,1	70,23%	56,53%
				MHwt50-59	1000	00:04:03,4	00:02:01,7	00:02:49,2	43,85%	
				MHwt50-59	500	00:02:04,8	00:02:04,8	00:01:13,7	69,34%	
			4	MHwt50-59	5000	00:23:13,6	00:02:19,4	00:16:11,9	43,39%	52,30%
				MHwt55-59	2000	00:09:05,1	00:02:16,3	00:06:12,6	46,30%	
				MHwt50-59	500	00:02:07,4	00:02:07,4	00:01:13,7	72,86%	
				MHwt50-59	500	00:01:54,8	00:01:54,8	00:01:13,7	55,77%	
				MHwt55-59	2000	00:08:53,6	00:02:13,4	00:06:12,6	43,21%	
			5	MHwt50-59	10000	00:45:28,4	00:02:16,4	00:33:17,1	36,62%	50,33%
				MHwt50-59	500	00:02:05,8	00:02:05,8	00:01:13,7	70,69%	
				MHwt55-59	2000	00:08:55,3	00:02:13,8	00:06:12,6	43,67%	



# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation		
						Absolut	Split	Referenz	Single	Average	
Myriam Langbehn	Segeberger Ruderclub von 1926 e.V.	GER	1	-	-	-	-	-	-	-	
<b>Race:</b> 1/5  <b>Final Meter:</b> 12500  <b>Final Time:</b> 01:05:02,6  <b>Everage split:</b> 00:02:28,8  <b>Deviation everage:</b> 42,45%			2	-	-	-	-	-	-	-	
			3	-	-	-	-	-	-	-	-
			4	-	-	-	-	-	-	-	-
			5	FHwt50-59	10000	00:52:48,8	00:02:38,4	00:38:33,0	37,00%		
				FHwt50-59	500	00:02:19,4	00:02:19,4	00:01:34,1	48,14%	42,45%	
	FHwt50-54	2000	00:09:54,4	00:02:28,6	00:06:58,0	42,20%					



# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Peter Heilsberg	Saxonia Allround Rowing Club	GER	1	MHwt50-59	5000	00:18:07,4	00:01:48,7	00:16:11,9	11,88%	43,53%
				MHwt50-59	500	00:02:09,1	00:02:09,1	00:01:13,7	75,17%	
<b>Race: 5/5</b>  <b>Final Meter: 41700</b>  <b>Final Time: 02:36:15,8</b>  <b>Everage split: 00:01:44,0</b>  <b>Deviation everage: 26,31%</b>			2	MHwt50-59	6000	00:23:11,1	00:01:55,9	00:19:29,9	18,91%	19,83%
				MHwt50-59	100	00:00:15,9	00:01:19,5	00:00:13,1	21,37%	
				MHwt50-59	1000	00:03:21,7	00:01:40,9	00:02:49,2	19,21%	
			3	MHwt50-59	100	00:00:16,3	00:01:21,5	00:00:13,1	24,43%	23,49%
				MHwt50-59	1000	00:03:23,6	00:01:41,8	00:02:49,2	20,33%	
				MHwt50-59	500	00:01:37,4	00:01:37,4	00:01:13,7	32,16%	
			4	MHwt50-59	5000	00:18:57,7	00:01:53,8	00:16:11,9	17,06%	22,39%
				MHwt50-59	500	00:01:29,7	00:01:29,7	00:01:13,7	21,71%	
				MHwt50-54	2000	00:07:11,6	00:01:47,9	00:06:01,7	19,33%	
				MHwt50-59	5000	00:19:01,2	00:01:54,1	00:16:11,9	17,42%	
				MHwt50-54	2000	00:07:18,8	00:01:49,7	00:06:01,7	21,32%	
			5	MHwt50-59	500	00:01:37,4	00:01:37,4	00:01:13,7	32,16%	22,31%
				MHwt50-59	10000	00:39:32,2	00:01:58,6	00:33:17,1	18,78%	
				MHwt50-54	2000	00:07:09,3	00:01:47,3	00:06:01,7	18,69%	

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Petra Wingen	Kölner Ruderverein von 1877 e.V.	GER	1	FLwt50-59	5000	00:24:54,2	00:02:29,4	00:18:54,9	31,66%	35,60%
				FLwt50-59	500	00:02:18,7	00:02:18,7	00:01:39,4	39,54%	
Race:	4/5		2	FLwt50-59	6000	00:30:51,3	00:02:34,3	00:23:05,7	33,60%	34,36%
				FLwt50-59	100	00:00:23,6	00:01:58,0	00:00:17,8	32,58%	
Final Meter:	35100		3	FLwt50-59	1000	00:04:47,2	00:02:23,6	00:03:29,8	36,89%	
				-	-	-	-	-	-	
Final Time:	03:00:25,9		4	FLwt50-59	500	00:02:07,6	00:02:07,6	00:01:39,4	28,37%	36,55%
				FLwt50-54	2000	00:09:49,6	00:02:27,4	00:07:18,3	34,52%	
Everage split:	00:02:23,9		4	FLwt50-59	5000	00:27:25,7	00:02:44,6	00:18:54,9	45,01%	
				FLwt50-54	2000	00:10:12,5	00:02:33,1	00:07:18,3	39,74%	
Deviation everage:	35,33%		5	FLwt50-59	500	00:02:14,3	00:02:14,3	00:01:39,4	35,11%	34,79%
				FLwt50-59	10000	00:53:19,9	00:02:40,0	00:38:54,7	37,06%	
				FLwt50-59	500	00:02:12,1	00:02:12,1	00:01:39,4	32,90%	
				FLwt50-54	2000	00:09:49,2	00:02:27,3	00:07:18,3	34,43%	

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Pierre Clement	French Indoor Rowers Team	FRA	1	MHwt60-69	5000	00:19:14,0	00:01:55,4	00:17:00,5	13,08%	20,75%
				MHwt60-69	500	00:01:45,3	00:01:45,3	00:01:22,0	28,41%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:41:32,6  <b>Everage split:</b> 00:01:49,7  <b>Deviation everage:</b> 22,08%	2	MHwt60-69	6000	00:23:08,1	00:01:55,7	00:20:33,8	12,51%	21,61%		
		MHwt60-69	100	00:00:18,8	00:01:34,0	00:00:14,1	33,33%			
		MHwt60-69	1000	00:03:33,7	00:01:46,9	00:02:59,6	18,99%			
	3	MHwt60-69	100	00:00:18,1	00:01:30,5	00:00:14,1	28,37%	22,70%		
		MHwt60-69	1000	00:03:38,8	00:01:49,4	00:02:59,6	21,83%			
		MHwt60-69	500	00:01:45,2	00:01:45,2	00:01:22,0	28,29%			
	4	MHwt60-69	5000	00:19:06,3	00:01:54,6	00:17:00,5	12,33%	25,69%		
		MHwt60-69	500	00:01:43,8	00:01:43,8	00:01:22,0	26,59%			
		MHwt60-64	2000	00:07:45,0	00:01:56,3	00:06:20,7	22,14%			
		MHwt60-69	5000	00:20:57,9	00:02:05,8	00:17:00,5	23,26%			
		MHwt60-64	2000	00:07:56,3	00:01:59,1	00:06:20,7	25,11%			
	5	MHwt60-69	500	00:01:47,7	00:01:47,7	00:01:22,0	31,34%	19,65%		
		MHwt60-69	10000	00:39:15,0	00:01:57,8	00:34:47,8	12,80%			
		MHwt60-64	2000	00:07:34,7	00:01:53,7	00:06:20,7	19,44%			



# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Sascha Mörth	Crossfit Wolfsburg	GER	1	MHwt40-49	5000	00:19:48,8	00:01:58,9	00:15:16,4	29,73%	37,32%
				MHwt40-49	500	00:01:46,8	00:01:46,8	00:01:13,7	44,91%	
Race: 3/5			2	-	-	-	-	-	-	-
Final Meter: 28000			3	-	-	-	-	-	-	-
Final Time: 01:53:24,3			4	MHwt40-49	500	00:01:54,5	00:01:54,5	00:01:13,7	55,36%	43,85%
Everage split: 00:01:57,9				MHwt40-49	2000	00:08:11,3	00:02:02,8	00:05:47,8	41,26%	
Deviation average: 40,76%				MHwt40-49	5000	00:20:20,9	00:02:02,1	00:15:16,4	33,23%	
				MHwt40-49	2000	00:08:09,4	00:02:02,4	00:05:47,8	40,71%	
				MHwt40-49	500	00:01:49,6	00:01:49,6	00:01:13,7	48,71%	
			5	MHwt40-49	10000	00:41:27,2	00:02:04,4	00:32:49,8	26,27%	41,11%
				MHwt40-49	500	00:01:57,6	00:01:57,6	00:01:13,7	59,57%	
				MHwt40-49	2000	00:07:58,2	00:01:59,6	00:05:47,8	37,49%	

# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Sönke Jensen	Ruder-Gesellschaft HANSA e.V.	GER	1	MHwt40-49	5000	00:19:49,8	00:01:59,0	00:15:16,4	29,83%	38,53%
				MHwt40-49	500	00:01:48,5	00:01:48,5	00:01:13,7	47,22%	
<b>Race:</b> 4/5  <b>Final Meter:</b> 31700  <b>Final Time:</b> 02:10:50,9  <b>Everage split:</b> 00:01:53,0  <b>Deviation everage:</b> 39,29%			2	MHwt40-49	6000	00:25:10,9	00:02:05,9	00:19:00,3	32,50%	38,14%
				MHwt40-49	100	00:00:18,3	00:01:31,5	00:00:12,9	41,86%	
			3	MHwt40-49	1000	00:03:46,2	00:01:53,1	00:02:41,5	40,06%	41,74%
				MHwt40-49	100	00:00:18,2	00:01:31,0	00:00:12,9	41,09%	
				MHwt40-49	1000	00:03:50,6	00:01:55,3	00:02:41,5	42,79%	
			4	MHwt40-49	500	00:01:47,8	00:01:47,8	00:01:13,7	46,27%	-
				MHwt40-49	5000	00:20:53,9	00:02:05,4	00:15:16,4	36,83%	
				-	-	-	-	-	-	
			5	MHwt40-49	10000	00:43:05,5	00:02:09,3	00:32:49,8	31,26%	38,76%
				MHwt40-49	500	00:01:44,9	00:01:44,9	00:01:13,7	42,33%	
MHwt40-49	2000	00:08:16,3		00:02:04,1	00:05:47,8	42,70%				



# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation		
						Absolut	Split	Referenz	Single	Average	
Sönke Rofls	Million Meter Vikings	GER	1	MHwt40-49	5000	00:19:49,0	00:01:58,9	00:15:16,4	29,75%	32,11%	
				MHwt40-49	500	00:01:39,1	00:01:39,1	00:01:13,7	34,46%		
<b>Race:</b> 2/5  <b>Final Meter:</b> 12600  <b>Final Time:</b> 00:49:07,0  <b>Everage split:</b> 00:01:47,7  <b>Deviation everage:</b> 33,47%			2	MHwt40-49	6000	00:23:46,5	00:01:58,9	00:19:00,3	25,10%	34,84%	
				MHwt40-49	100	00:00:19,0	00:01:35,0	00:00:12,9	47,29%		
				MHwt40-49	1000	00:03:33,4	00:01:46,7	00:02:41,5	32,14%		
				-	-	-	-	-	-		-
				-	-	-	-	-	-		-
4				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
5				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	

# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Stephan Wollborn	ohne Verein	GER	1	MHwt40-49	5000	00:19:43,1	00:01:58,3	00:15:16,4	29,10%	42,98%
				MHwt40-49	500	00:01:55,6	00:01:55,6	00:01:13,7	56,85%	
Race:			1/5							
Final Meter:			5500							
Final Time:			00:21:38,7							
Everage split:			00:01:57,0							
Deviation everage:			42,98%							
			2	-	-	-	-	-	-	-
			3	-	-	-	-	-	-	-
			4	-	-	-	-	-	-	-
			5	-	-	-	-	-	-	-



# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Thomas Fuß	ohne Verein - "Glückstadt"	GER	1	MLwt50-59	5000	00:19:23,3	00:01:56,3	00:16:46,3	15,60%	23,35%
				MLwt50-59	500	00:01:47,9	00:01:47,9	00:01:22,3	31,11%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:47:08,8  <b>Everage split:</b> 00:01:55,3  <b>Deviation everage:</b> 28,16%			2	MLwt50-59	6000	00:24:41,1	00:02:03,4	00:20:27,4	20,67%	31,56%
				MLwt50-59	100	00:00:21,5	00:01:47,5	00:00:14,4	49,31%	
			3	MLwt50-59	1000	00:03:48,2	00:01:54,1	00:03:03,0	24,70%	28,59%
				MLwt50-59	100	00:00:19,9	00:01:39,5	00:00:14,4	38,19%	
				MLwt50-59	1000	00:03:49,6	00:01:54,8	00:03:03,0	25,46%	
			4	MLwt50-59	500	00:01:49,5	00:01:49,5	00:01:22,3	33,05%	30,03%
				MLwt50-59	5000	00:19:44,1	00:01:58,4	00:16:46,3	17,67%	
				MLwt50-59	500	00:01:54,4	00:01:54,4	00:01:22,3	39,00%	
				MLwt50-54	2000	00:07:47,9	00:01:57,0	00:06:25,0	21,53%	
			5	MLwt50-59	5000	00:20:23,3	00:02:02,3	00:16:46,3	21,56%	27,24%
MLwt50-54	2000	00:08:15,9		00:02:04,0	00:06:25,0	28,81%				
MLwt50-59	500	00:01:54,6		00:01:54,6	00:01:22,3	39,25%				
				MLwt50-59	10000	00:41:24,2	00:02:04,2	00:34:23,0	20,42%	27,24%
				MLwt50-59	500	00:01:54,9	00:01:54,9	00:01:22,3	39,61%	
				MLwt50-54	2000	00:07:48,5	00:01:57,1	00:06:25,0	21,69%	



# Results

Overview  
in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation		
						Absolut	Split	Referenz	Single	Average	
Tim Holzäpfel	HOLZÄPFEL   DIE FITNESSSTRAINER	GER	1	MHwt40-49	5000	00:18:55,0	00:01:53,5	00:15:16,4	23,85%	35,47%	
				MHwt40-49	500	00:01:48,4	00:01:48,4	00:01:13,7	47,08%		
<b>Race:</b> 2/5  <b>Final Meter:</b> 12600  <b>Final Time:</b> 00:48:09,7  <b>Everage split:</b> 00:01:49,6  <b>Deviation everage:</b> 36,38%			2	MHwt40-49	6000	00:23:18,0	00:01:56,5	00:19:00,3	22,60%	37,29%	
				MHwt40-49	100	00:00:19,0	00:01:35,0	00:00:12,9	47,29%		
				MHwt40-49	1000	00:03:49,3	00:01:54,6	00:02:41,5	41,98%		
				-	-	-	-	-	-		-
				-	-	-	-	-	-		-
4				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
5				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	



# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation		
						Absolut	Split	Referenz	Single	Average	
Véronique Larmande	Aviron Viviers Montélimar Châteauneuf	FRA	1	FHwt40-49	5000	00:20:35,5	00:02:03,6	00:18:28,4	11,47%	23,10%	
				FHwt40-49	500	00:01:59,5	00:01:59,5	00:01:28,7	34,72%		
<b>Race:</b> 2/5  <b>Final Meter:</b> 12600  <b>Final Time:</b> 00:52:45,2  <b>Everage split:</b> 00:02:02,1  <b>Deviation everage:</b> 26,33%			2	FHwt40-49	6000	00:25:30,7	00:02:07,6	00:22:11,5	14,96%	29,56%	
				FHwt40-49	100	00:00:22,3	00:01:51,5	00:00:15,9	40,25%		
				FHwt40-49	1000	00:04:17,2	00:02:08,6	00:03:12,7	33,47%		
				-	-	-	-	-	-		-
				-	-	-	-	-	-		-
3			3	-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
4			4	-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	
5			5	-	-	-	-	-	-	-	
				-	-	-	-	-	-	-	



# Results

## Overview in alphabetical order



[www.alster-ergo-cup.de](http://www.alster-ergo-cup.de)

Name	Club/Team	Nationality	Race	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
Warren Matthews	SUB 7 IRC Members	GBR	1	MHwt50-59	5000	00:17:34,3	00:01:45,4	00:16:11,9	8,48%	17,26%
				MHwt50-59	500	00:01:32,9	00:01:32,9	00:01:13,7	26,05%	
<b>Race:</b> 5/5  <b>Final Meter:</b> 41700  <b>Final Time:</b> 02:29:54,8  <b>Everage split:</b> 00:01:40,8  <b>Deviation everage:</b> 19,98%			2	MHwt50-59	6000	00:21:41,9	00:01:48,5	00:19:29,9	11,28%	17,22%
				MHwt50-59	100	00:00:16,2	00:01:21,0	00:00:13,1	23,66%	
				MHwt50-59	1000	00:03:17,5	00:01:38,8	00:02:49,2	16,73%	
			3	MHwt50-59	100	00:00:16,6	00:01:23,0	00:00:13,1	26,72%	24,12%
				MHwt50-59	1000	00:03:28,9	00:01:44,5	00:02:49,2	23,46%	
				MHwt50-59	500	00:01:37,7	00:01:37,7	00:01:13,7	32,56%	
			4	MHwt50-59	5000	00:18:25,5	00:01:50,6	00:16:11,9	13,75%	23,40%
				MHwt50-59	500	00:01:38,9	00:01:38,9	00:01:13,7	34,19%	
				MHwt50-54	2000	00:07:03,5	00:01:45,9	00:06:01,7	17,09%	
				MHwt50-59	5000	00:18:49,4	00:01:52,9	00:16:11,9	16,21%	
				MHwt50-54	2000	00:07:09,8	00:01:47,5	00:06:01,7	18,83%	
			5	MHwt50-59	500	00:01:36,3	00:01:36,3	00:01:13,7	30,66%	17,92%
				MHwt50-59	10000	00:36:53,3	00:01:50,7	00:33:17,1	10,83%	
				MHwt50-54	2000	00:06:58,3	00:01:44,6	00:06:01,7	15,65%	