



Alster Ergo-Cup

HAMBURG

6000 Meter vom 07.12.2015

Rang	Name	Zeit	Referenz	Abweichung [%]
1	Bernhard Strocka	00:22:38,7	00:22:06,3	2,44%
2	Stefanie Kluge	00:23:59,4	00:23:16,8	3,05%
3	Thomas Barembruch	00:20:57,1	00:19:20,1	8,36%
4	Britta Berg	00:26:06,6	00:23:16,8	12,16%
5	Hagen Ohlmann	00:22:02,5	00:19:34,9	12,56%
6	Maximilian Rolfes	00:20:22,2	00:18:05,7	12,57%
7	Kathrin Otto	00:25:18,2	00:22:12,8	13,91%
8	Fabian Rennack	00:22:45,2	00:19:56,0	14,15%
9	Sönke Jensen	00:22:17,4	00:19:20,1	15,28%
10	Wiebke Köster	00:26:22,4	00:22:43,7	16,04%
11	Jan Zamow	00:23:10,3	00:19:56,0	16,25%
12	Vinzent Gäbler	00:22:51,2	00:19:34,9	16,71%
13	Stephan Neumann	00:21:20,8	00:18:16,8	16,78%
14	Anouk Rijs	00:25:56,5	00:22:12,8	16,78%
15	Katja Sauerbier	00:27:22,5	00:23:16,8	17,59%
16	Stephan Olesinski	00:22:45,7	00:19:20,1	17,72%
17	Piet Hansen	00:26:30,3	00:22:06,3	19,90%
18	Wolfgang Uwiss	00:25:41,0	00:21:24,6	19,96%
19	Katrin Ohlmann	00:26:43,7	00:22:15,0	20,13%
20	Wolfgang Beifuß	00:24:04,1	00:19:54,7	20,88%
21	Eike Christian Schmidt	00:22:07,9	00:18:16,8	21,07%
22	Michael Lindau	00:25:14,9	00:20:40,4	22,13%
23	Steffen Schönhut	00:22:29,9	00:18:16,8	23,08%
24	Claudia Niendorf	00:28:06,7	00:22:42,4	23,80%
25	Kathrin Axer	00:27:45,8	00:22:15,0	24,78%
26	Alexander Liedtke	00:22:51,8	00:18:16,8	25,07%
27	Manuela Gobrecht	00:30:16,0	00:22:43,7	33,17%
28	Michael Damm	00:26:32,4	00:19:20,1	37,26%