



# Alster Ergo-Cup

## HAMBURG

### 1000 Meter vom 23.11.2015

Rang	Name	Zeit	Referenz	Abweichung [%]
1	Bernhard Strocka	00:03:21,0	00:03:15,1	3,02%
2	Stefanie Kluge	00:03:41,4	00:03:31,3	4,78%
3	Lars Ehrlich	00:03:12,4	00:02:57,8	8,21%
4	Thomas Barembruch	00:03:04,8	00:02:47,3	10,46%
5	Hagen Ohlmann	00:03:19,7	00:02:57,8	12,32%
6	Mathias Thees	00:03:04,5	00:02:41,9	13,96%
7	Britta Berg	00:04:02,6	00:03:31,3	14,81%
8	Fabian Rennack	00:03:25,6	00:02:59,0	14,86%
9	Björn Schulze-Gülich	00:03:12,3	00:02:47,3	14,94%
10	Jakob Wendel	00:03:12,7	00:02:47,3	15,18%
11	Jutta Gelhausen	00:03:55,2	00:03:23,8	15,41%
12	Arne Althaus	00:03:07,6	00:02:41,9	15,87%
13	Michael Kamphues	00:03:13,9	00:02:47,3	15,90%
14	Jan Zamow	00:03:27,6	00:02:59,0	15,98%
15	Kathrin Otto	00:03:51,6	00:03:19,2	16,27%
16	Ansgar Heinze	00:03:15,7	00:02:47,3	16,98%
17	Anouk Rijs	00:03:53,7	00:03:19,2	17,32%
18	Wiebke Köster	00:03:59,2	00:03:23,8	17,37%
19	Katrin Ohlmann	00:04:04,5	00:03:26,8	18,23%
20	Vinzent Gäbler	00:03:30,5	00:02:57,8	18,39%
21	Eike Christian Schmidt	00:03:11,7	00:02:41,9	18,41%
22	Timo Bicker	00:03:11,8	00:02:39,6	20,18%
23	Katja Sauerbier	00:04:16,1	00:03:31,3	21,20%
24	Wolfgang Uwiss	00:03:51,8	00:03:11,1	21,30%
25	Piet Hansen	00:03:56,8	00:03:15,1	21,37%
26	Jan Sedlacik	00:03:18,1	00:02:41,9	22,36%
27	Michael Schawe	00:03:24,8	00:02:47,3	22,41%
28	Helke Schüler	00:04:10,4	00:03:23,8	22,87%
29	Gerhard Neumann	00:03:41,5	00:03:00,0	23,06%
30	Selina Maas	00:04:14,8	00:03:26,8	23,21%
31	Mareke Dohmes	00:04:11,6	00:03:23,8	23,45%
32	Claudia Niendorf	00:04:09,2	00:03:21,7	23,55%
33	Peter Johnen	00:03:43,4	00:03:00,0	24,11%
34	Steffen Schönhut	00:03:21,1	00:02:41,9	24,21%
35	Kathrin Axer	00:04:17,8	00:03:26,8	24,66%
36	Jean-Marc Göttert	00:03:37,0	00:02:54,0	24,71%
37	Michele Andresen	00:04:05,2	00:03:16,5	24,78%
38	Beatrice Techen	00:04:12,2	00:03:21,7	25,04%
39	Alexander Liedtke	00:03:24,0	00:02:41,9	26,00%
40	Gesche Kühl	00:04:13,0	00:03:19,2	27,01%
41	Anke Jurleit	00:04:19,0	00:03:23,8	27,09%
42	Ulrike Lange	00:04:16,4	00:03:19,2	28,71%
43	Hauke Pauly	00:03:26,7	00:02:39,6	29,51%
44	Stefan Czerner	00:03:52,6	00:02:59,0	29,94%
45	Michael Lindau	00:03:54,9	00:03:00,0	30,50%
46	Hendric Petersohn	00:03:33,1	00:02:39,6	33,52%
47	Adrian Theel	00:03:42,7	00:02:41,9	37,55%
48	Michael Damm	00:03:52,1	00:02:47,3	38,73%